

# The Aerobic Center

Lynch Field ★ Greensburg, PA

526 New Alexandria Rd, Greensburg, PA 15601 724-834-2153 www.aerobiccenter.org

## ADAPTIVE EXERCISE

SPECIAL NEEDS CLIENTS CAN ENJOY AN HOUR OF WATER GAMES AND FITNESS.

WEDNESDAYS 5:30-6:30PM

March 25– May 13, 2020

**Cost: \$35.00 / 8 Week Session or \$7.00/ Class**



Sessions are subject to cancellation if the minimum of 8 participants is not met.

Registration deadline is March 11, 2020.

The Aerobic Center is not responsible for assisting individuals in the locker rooms.

Aides must assist and accompany clients in locker rooms and accompany clients into pool if necessary.

Registration forms available online and at The Front Desk. Call Colby For details. An aide may accompany individual in the water at no cost but must sign the release form located at the pool at the beginning of every class.

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Participant's Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Phone# \_\_\_\_\_

Guardian's Name \_\_\_\_\_ Aide/Caregiver's Name \_\_\_\_\_

Caregiver/Aide Phone# \_\_\_\_\_

### RELEASE AND AGREEMENT

I fully understand that the Adaptive Exercise program requires moderate physical activity and hereby represent and acknowledge that my physical condition permits me to participate in the Adaptive Exercise program. I further realize that all monies collected for this program are **non-refundable and no-transferable** for any reason, except in the event The Aerobic Center cancels the program. I also release and discharge all instructors, lifeguards, supervisors, and directors from any and all claims, damages, demands and liabilities arising out of or in any way related to participation in the Adaptive Exercise Program.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

Office use: Receipt# \_\_\_\_\_ Date paid \_\_\_\_\_ Amount paid \_\_\_\_\_